

# City of Sandusky Recreation Gymnastics Classes

## Open Gym

January 2nd

4:15—5:15 PM or 5:15-6:15 PM

\$5 per session

## Tiny Tots

18 months—3 years

Experience a fun, playful atmosphere with your little ones as they explore and experience the world of movement. Introductory gymnastics skills will emphasize on large motor skill development and coordination.

Tuesdays 3:45 pm-4:15 pm

\$25 for 4 classes



## Tumbleweeds

3– 5 years

Gymnastic equipment based classes. This developmentally appropriate program promotes strength, balance, coordination, flexibility, focus and gross motor skills. Progressive gymnastics skills (beginner and intermediate) are introduced and developed as the gymnast's skill level improves.

Mondays or Tuesdays 6:15 –7:00 pm

\$35 for 4 classes

## Level 1

5 – 18 years

Beginning gymnastic skills and an introduction to all four women's events. (Must be 5 years old)

Mondays or Tuesdays 4:15 –5:15 pm

\$40 for 4 classes

## Level 2

5 – 18 years

Advanced beginner gymnastic level using all four events. Successful completion of Level 1 skills is required.

Mondays or Tuesday 5:15 - 6:15 pm

\$40 for 4 classes

## Level 3

5 – 18 years

Intermediate level. Continue to build on skills learned in Level 2. Body position and form stressed.

Mondays or Tuesday 5:15 - 6:16 pm

\$40 for 4 classes

**ALL CLASSES BEGIN WEEK OF JANUARY 7**

**All classes held at Erie County Fairgrounds,  
3110 Columbus Avenue, Building 1**

**Class instruction by Rose Gold  
Gymnastics, Barb Rose Instructor**